

# SAA CID

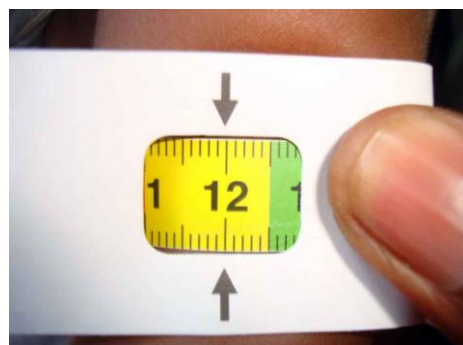


## Jamaalo and Maqdis



*Jamaalo with her baby daughter Maqdis*

On 9 March 2010, Jamaalo brought her daughter, Maqdis, to SAACID's Bondhere District health centre. Maqdis was severely malnourished and immediately admitted into a specialised nutritional programme.



Eleven weeks later, there was a dramatic improvement in Maqdis' nutritional outlook. Maqdis will continue treatment at the clinic until completely cured of malnutrition.

### **Jamaalo's Story**

“My name is Jamaalo Nor Xiirane. I am 26 years old, and I have given birth to 2 children - 1 boy and 1 girl. My eldest son would have been 2 years old by now, but he died when he was only 16 months old. My daughter Maqdis Mohamoud Jelle is now 6 months old.

Currently, we are residing in Bondhere District. We are not displaced as about 60% of all the people living in Mogadishu are; so we are relatively lucky in that respect. We have been living in Bondhere for the past 16 years. Before we moved to Bondhere, we lived in Wardhigley District [also a district of Mogadishu]; but we moved after my father sold his house there.

Currently, I am a housewife. Apart from taking care of my daughter, I stay at home and do nothing. My ex-husband, Mohamoud Jelle (31), was the breadwinner for the family, and our life was good at that time. He is a professional painter.

Currently, I am living with my parents, and our life mainly depends on what my father receives from his work. My father is butcher. In fact, I don't know what amount he earns from this work every day. This work is permanent he goes to his work every day, but the funds belong to him, and we are dependent upon what he gives us each day.

I came here to Shingani District to get treatment for my little daughter, as there is no centre in my own district of Bondhere. She got sick when she was 1-month old. Due to a lack of money, I have not taken her to any doctor for treatment. I really don't know what is wrong with her, but when I came here, the nurses told me that she was suffering from malnutrition.

I was well received when I came here. I was told by a neighbourhood lady that this health centre is in operation and provides free healthcare for the malnourished children who are less than five years of age. The lady had her son treated at this health centre, and she told me to bring my daughter to this health centre because the service was excellent.

They gave my daughter biscuits or 'plumpy nut', which is especially for malnourished children. They also told me to bring her back after 7 days for a check up and additional treatment.

We ask God to bless those who established this free health centre; and those who always stand to support the poor and innocent people like me. Now, I am expecting that my daughter will recover from the sickness arising from being malnourished. Also, I hope that this health centre programme can be extended to other districts in the city, where such facilities are not available, and give much needed health services to more sick children like my daughter, who needs help at this critical time”.

## 11 Weeks later

“My daughter Maqdis was very weak and was sick with malnutrition. But now there is a great change and I am happy to see my daughter’s health is improving.



*Before*

I was very worried before, but I became very happy after one week of treatment, because there was great change even during the first week of treatment. In fact SAACID is doing great job and always supports poor people, and I very much appreciate the work SAACID is doing.

I suggest the program be extended because, for example, I came from Bondhere District and there is no health centre like this in Bondhere. So it was not easy to travel to this site, but I came because I heard that it was very good”.

Muse, a male nurse at the SAACID Shingani nutritional centre explained the condition of the child before admission and after undergoing treatment. “After we saw this child was severely malnourished, we admitted her to be one of the OTP patients, and we provide daily care and treatment and eventually we succeeded to cure her to some extent. The first day we registered Maqdis was March 09, 2010 her MUAC was only 7 centimetres. Her next visit became the MUAC 8, and then become 8.5, however, now her MUAC is now 12 centimetres. Now she will be moved from the severely malnourished programme to the moderately malnourished programme”.



*After*

SAACID has 8 operational nutrition centres in Mogadishu; and, in partnership with Oxfam Novib, World Food Programme, and UNICEF, SAACID is in the process of expanding to 16 sites throughout the city.