

# SAACID



## **Haboon Mohamed Abdulle**



*Haboon and Ahmed receiving treatment at the SAACID Hodan Health Centre*

“My name is Haboon Mohamed Abdulle, and I am a 28-year old mother with one child. I have been residing in Hodan District for 2 years. Before I married my husband I was living in Deynile District with my family.

My husband, Ahmed Mohamoud (35), is a broker for land and housing sales. He has been doing this job for the past 4 years; and before that, he was a taxi driver. He stopped driving the taxi after the owner sold the taxi that he was driving.

Our life depends on what my husband earns from his work. I really don't know what he gets from his work each day, and I don't ask him what he earns. We usually have three meals a day, but the food we eat is the cheapest food that most of the people in the city use. Typically

the food we eat is Somali traditional foods, such as *cambulo* [beans] and *soor* – [cooked grinded maize or sorghum], but on Fridays, we sometimes cook rice or spaghetti. We live in a 1-room apartment that we rent for 200,000 Somali Shillings per month [about US \$7.5]. Access to water is not so difficult, as we have piped water in our home. This depends on how our usage is and the amount of cubic metric water we use. One metric cubed of water is 30,000 [about US \$1].

I came to the Hodan SAACID health centre to get medical care for my child, Abdikadar Ahmed Mohamoud, who is 39 months old. This child is my husband's son. His mother was divorced from my husband 3 years ago, and took her child to Bal'ad District. I am his stepmother. The child's mother gave me this child after he got sick. She brought the child from Bal'ad District in Middle Shabelle Region. When we asked if she had contacted to a doctor or not, she told us that she hadn't taken the child to any doctor, but she told us that his sickness started after he got measles and coughs about 2 months ago. The child has been with me now for 24 days. During this period and I didn't contact to any doctor. His mother left him to us, so I decided to bring him up, and cure him well with the help of Allah.

I was informed by a SAACID neighbourhood lady that this health centre was is in operation, and gives free healthcare to the children with malnutrition. I really felt very happy with this information. When I came here I was well received. The nurses at the clinic checked the child's health and then provided us with treatment and something called "Plumpy" for malnourished children. They also told me to bring him back after 7 days for a check-up and additional treatment. Really the work they are doing is very important for the poor people and I am very appreciative for that. Now I am expecting that this child's health will soon recover from the sickness arising from the malnourishment problem.

Most of the people who reside in the capital of Mogadishu know that SAACID has become well known for supporting poor people in Mogadishu. SAACID has done many programmes in Mogadishu for much more than 10 years, but I can give special mention to sanitation activities and food kitchens that are still ongoing in all the districts in Mogadishu."