

# SAACID



**Aamino Ali Waxgarad**



*Testing for oedema*

Aamino Ali Waxgarad, is a 25 mother of 5 children - 2 boys and 3 girls. She recently decided to visit the SAACID Dharkeynley CTC site.

“As a mother, I am very worried about the health of my children, but especially, I am very worried about the health of Nafiso, because 1 of my sons has passed away with a malnutrition problem 1-year ago, and I am afraid that my lovely daughter Nafiso could also die of malnutrition complications as well.

I tried getting some help for my daughter from the private clinics, but, economically I am not able to pay the doctor’s fees or the medical prescriptions.

I came to the SAACID clinic for my daughter Nafiso, who is 3 years old, to receive health services. Nafiso has been ill for 3 weeks now, and I don’t know what is wrong with her; but

she became very sick last week. An outreach lady who came to my home had seen her, and told me that she was ailing with a malnutrition problem, and she informed me to take her to this health centre. When I came here I was well received, and the nurses checked my daughter's health. The nurses provided my daughter with free healthcare and told me that she could be placed under a severely malnourished programme, because Nafiso has oedema, which is not allowing Nafiso to properly absorb the food she is eating.

When I came here I felt some hope, because the nurses told me that the malnutrition problem can be treated and it was a real joy to hear that maybe they could help. They gave us some special biscuits for child malnutrition, and they also provided me with good recommendations and the ways that I could be fed my daughter with the biscuits. I am now really hopeful that Nafiso will get well through this free treatment”.

### **The livelihood of Aamino's family**

“I was born and grew up in Dharkeynley District of Mogadishu, Somalia; and I still live in Dharkeynley District.

I got married when I was 16 years old, and I have given birth to 5 children - 2 boys and 3 girls; but 1 of my sons died 1 year ago. My eldest daughter is 8 years old, while my youngest son is only 10 days old; and now I am in a maternity period.

I am a housewife, and I stay at home and care for the children. My husband, Abdirisaq, is 28, and he is a porter and works at Suuqboocle Market in Dharkeynley District, where he carries things for the people in his wheelbarrow. Our life depends on what he earns from his work. I don't know what he can get or can't get, but we cook what he brings to us, and sometimes he returns home without anything.

Life in this country is continuing to deteriorate and I am very worried about my children's welfare and future; and other vulnerable people like us are all in the same situation.

I know SAACID very well, and the many good things that it has accomplished. Now I see that SAACID is also helping the poor with health services, and this is a great thing; and I really appreciate the great job that all the nurses at the SAACID health centre in Dharkeynley District are doing.